

ARSH Trainer- (Maharashtra-Palghar District)- Job Description

Organization- Anahat For Change Foundation

About us - We are a women-led and youth-led organization working in the space of women empowerment through skill building and livelihood generation with sustainability at its core. We work with urban and rural communities on awareness regarding personal safety education programs, sexual reproductive health rights, menstrual health and hygiene and capacity development by engaging local partners and community leaders. We work with adolescent girls and boys in schools to create a gender sensitive school environment and build confidence among the students.

Anahat For Change started operations in 2018. Since then we have been able to reach more than 4500 families across India. We are an organization working to build an equal environment for young girls and boys and helping them break the shackles of gender stereotypes and discrimination. We run two major projects- Unnati & Udaan in West Bengal. Unnati aims at promotion of menstrual hygiene management & sexual reproductive health rights with both male and female community members. Udaan aims to make gender based violence and discrimination unacceptable in several regions of Bengal by creating an agency for women and girls.

Anahat has recently expanded operations in Palghar Maharashtra where we are looking to support 2000 adolescent girls and 1000 adolescent boys in Ashramshalas (Mokhada & Vikramgad tehsil) on behavioural change and knowledge building in sexual and reproductive health rights. We are aiming to build capacity for rural women from selected villages of Palghar on **sexual and reproductive health rights and sustainable menstruation. Anahat is joining hands with the German Consulate Mumbai to reach out to 2000 adolescent girls and 1000 adolescent boys in selected Ashramshalas of Palghar (Mokhada & Vikramgar tehsil). We will be following Anahat's SRHR curriculum Chhoti Si Baat and undertake monthly awareness sessions and master training of peer leaders.**

Some measures to be implemented in order to achieve the project aim-

1. Baseline survey with 200 target beneficiaries in selected villages of 2 tehsils. (By April 4th week)
2. Selection of target location in two tehsils of Palghar for pad production training (By April 1st week).
3. Selection of Ashramshalas with significant number of adolescents in these two tehsils (by April 2nd week)
4. Selection of women beneficiaries for pad production and sales training. A total of 10 women will be trained in making reusable pads and 10 will be trained in selling the pads. (By 3rd week of April)
5. Setting up a vocational training center in a central location of the 10 production beneficiaries. (By 4th week of April)
6. Technology transfer training & handholding with 10 women beneficiaries- May & June

7. Sales training with 10 separate women beneficiaries- July
8. Transfer of work order to make 2150 hygiene kits for distribution in Aashramshalas- June & July
9. Adolescent reproductive health training in 4-5 selected Aashramshalas (1 training each month from July to Nov). The training will cover 2150 adolescent girls and 1000 adolescent boys.
10. Distribution and awareness on Anahat Unnati Hygiene Kits- Oct & Nov10. Collection of feedback on hygiene kits and doubt clearing with adolescents.
11. Impact assessment survey and final impact report submission to German Consulate. Along with the final impact report, quarterly progress reports will also be submitted.

Anahat Head Office Location- Kolkata, West Bengal

Project Location- This position is mostly remote. However the candidate has to report to Anahats Mumbai coordination office in Kanjurmarg at least 2 days in a month. We are looking for candidates who live in Palghar and can work remotely.


Designation- ARSH Trainer (Female candidate only)

Project Duration- 8 months (May 25 to Dec 2025)

Work Experience- 2+ years of work experience in community training and awareness on topics related to health, hygiene, nutrition, menstrual & sexual reproductive health. The candidate should possess experience of working with women and girls from tribal communities of Maharashtra.

Academic Experience- Post graduation in sociology, social work or any degree alternative to social work with specialization in women and child health development.

Description- Candidate should be able to –

1. Undertake awareness sessions with women and adolescent groups on sexual and reproductive health rights by following Anahat's curriculum. Please refer to board curriculum topics here-
 Odisha Chhoti si baat curriculum
2. Coordinating with village volunteers and creating peer groups of adolescent girls and women living in the tribal villages.
3. Coordinating with school and school stakeholders (Asharmashalas) for implementation of Anahat's module on Sexual & Reproductive Health Rights-Chhoti Si Baat.
4. Undertaking pre & post training assessments in the form of questionnaire and keeping a record of responses in MIS
5. Handling project reports and MIS and reporting to Project Lead and Project Coordinator from time to time.
6. Visiting Kolkata Head Office or Mumbai Coordination office for training, capacity building and project reporting.
7. Proper handling and maintenance of field office assets like laptop, printers and other amenities.
8. Supervision of women livelihood centre
9. Facilitating training on Anahat Unnati Technology Transfer

Essential skills-

1. Candidates should be proficient in Marathi, Hind & English.

2. Should be able to work in a team and coordinate with village volunteer, project coordinator & team lead
3. Candidates should have their own laptop.
4. Preference will be given to candidates based out of Palghar.
5. Preference will be giving to candidates with two-wheeler
6. Candidate should be open to everyday field travel

Other requirements- Candidates should be open to traveling, should have their own laptop/device. No on the job training will be provided. **Candidates should be proficient in English, Marathi and Hindi. Only female candidates should apply for this post. Preference will be given to people who can ride scooty or bikes. Preference will be given to local candidates from Palghar district or regions closer to Palghar.**

Probation period- 1 month

Remuneration- INR 25,000 per month plus Rs 3000 TA for internal travel (based on actuals).

Interested candidates please mail their latest CV (with two references) to hiring@anahatngo.org by 30th April 2025 mentioning the name of the position in the subject as "Application for the position of ARSH Trainer -Your name".